

## Pharmacology & Toxicology Students' Association

### *PTSA Mentorship Program*

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#### **Mentor: Position Description**

##### Introduction

The PTSA hosts a yearly mentorship program which aims to guide incoming students in navigating through their first year as Pharmacology & Toxicology students. Newly-admitted students will be paired with 3<sup>rd</sup> and 4<sup>th</sup> year mentors. The following document describes the mentor position.

**Position Title:** PTSA Mentor

**Term:** 2014-2015 Fall & Winter Semesters

**Application Deadline:** Friday, September 5<sup>th</sup> 2014

**Minimum Requirements:** Upper year student at the University of Toronto – St. George, completed at least 1 year enrolled in the Pharmacology & Toxicology Department

##### **Description:**

The PTSA is looking for experienced, process driven students to become mentors in the mentorship program. The key qualities of our mentors are: patient, experienced, skilled, insightful, interpersonal, and mindful. Mentors will be paired with a mentee and are expected to stay in communication as well as listen and answer any question their mentee may have. Throughout the year, mentors could be inquired about:

- Career Options
- Course Selection
- Campus Life
- Summer Opportunities
- Research

This program aims to strengthen leadership and communication skills of our mentors. As well, it provides student leaders with the opportunity to guide younger students to academic and career excellence. Ultimately, our goal is to provide a mutually beneficial program for both our mentors and mentees.

### **Key Responsibilities:**

- Attend at least one mentorship training workshop hosted by the PTSA
- Meeting minimum 1h every 2 weeks with your mentee
- Attend at least one PTSA hosted Event
- Act as a sounding board for mentee and provide them with academic, career and campus life advice should they ask for it
- Respect boundaries set upon you by mentees
- Continually provide feedback to the mentorship co-ordinators as well as complete any and all surveys related to the program
- Attend at least one focus group during the year

### **Training: *Dates TBA***

Mentors are expected to take part in a mentorship training session hosted by the PTSA. During these workshops, participants will be equipped with abilities, knowledge and experience that will reinforce the current skillset in order to succeed as mentors in this program. Training topics will include:

- General Mentorship Training
- Course Selection Info (specific to the Department)
- Subject POSTs
- Career Opportunities
- On-Campus Resources (i.e. Career Centre, Mental health)
- Mental Health Training
- Campus Opportunities

If you are interested in becoming a mentor in the PTSA Mentorship program, please send in your resume to [PTSAmentorship@gmail.com](mailto:PTSAmentorship@gmail.com) as well as fill out an application at

<https://docs.google.com/spreadsheets/viewform?fromEmail=true&formkey=dHJiVG1ORm5OZ1kxdThUWWpnUENET2c6MA>

If you have any questions, feel free to contact [PTSAmentorship@gmail.com](mailto:PTSAmentorship@gmail.com).